

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

### Free Stuff Exchange



Bring items that you no longer want on Friday morning, the 24th in the Multipurpose Room. The Free Stuff Exchange will be open Friday, Sat. & Sunday See Activities for Questions

<p><b>Free Stuff Exchange</b></p> <p>Bring items that you no longer want on Friday morning, the 24th in the Multipurpose Room. The Free Stuff Exchange will be open Friday, Sat. &amp; Sunday See Activities for Questions</p>	<p><b>SHOPPER 1</b></p> <p>9:30 Balance Exercises 10:00 Sip N Social <b>2:00 Les Wilson – Entertainer</b> 2:30 Juice Cart</p>	<p><b>2</b></p> <p>9:30 Resistance Bands 10:00 Sip N Social 10:15 Walker Wash <b>2:00 Sing-Along with Pastor Ryan -1<sup>st</sup> United Methodist</b> 2:30 Juice Cart <b>Happy Birthday Raene</b> <small>Groundhog Day</small></p>	<p><b>Wear R.E.D. 3</b></p> <p>9:30 Scarves 10:00 Sip N Social 10:30 Funny Bones 1:30 BINGO 2:30 Juice Cart &amp; Wine/Cheese 3:15 Bridge <b>Last day to sign up for Movie Outing</b></p>	<p><b>4</b></p> <p>9:30 Active Body 10:00 Sip N Social 2:00 Spa Day 2:30 Juice Cart</p> <p><b>Happy Birthday Doris H.</b></p>
<p><b>5</b></p> <p>9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Internet Church Service 3:30 Juice Cart <b>Happy Birthday Janet</b></p>	<p><b>6</b></p> <p>9:30 Breathing Techniques &amp; Simple Stretches 10:00 Sip N Social 1:30 Movie Monday: "While You Were Sleeping" 2:30 Juice Cart &amp; Popcorn</p>	<p><b>7</b></p> <p><b>9:30 Apollo Theater Outing: "A Man Named Otto"</b> 10:00 Sip N Social <b>2:00 Puzzle Piece Heart Wreath Craft</b> 2:30 Juice Cart</p>	<p><b>8</b></p> <p>9:30 Exercise Balls 10:00 Sip N Social <b>11:00 Decorate Cookies for 3<sup>rd</sup> Graders</b> <b>2:00 Accordion Players</b> 2:30 Juice Cart 3:15 Hope &amp; Happiness <b>Happy Birthday Jane</b></p>	<p><b>9</b></p> <p>9:30 Random Moves 10:00 Sip N Social <b>2:00 Meditation Service with Pastor Cal Zehr – Willow Springs Mennonite</b> 2:30 Juice Cart <b>Happy Birthday Bethen</b></p>
<p><b>12</b></p> <p>9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Internet Church Service 3:30 Juice Cart <b>6:00 Super Bowl on the Big Screen TV</b></p>	<p><b>13</b></p> <p>9:30 Breathing Techniques &amp; Simple Stretches 10:00 Sip N Social 1:30 Movie Monday: "Love is a Piece of Cake" 2:30 Juice Cart &amp; Popcorn <b>Happy Birthday Danny</b></p>	<p><b>14</b></p> <p><b>Wear Shades of Red</b></p> <p>9:30 Weight Lifting 10:00 Sip N Social <b>2:00 Valentine's Day Party</b> <small>Valentine's Day</small></p>	<p><b>SHOPPER 15</b></p> <p>9:30 Balance Exercises 10:00 Sip N Social <b>2:00 Show &amp; Share with Kate</b> 2:30 Juice Cart</p>	<p><b>16</b></p> <p>9:30 Resistance Bands 10:00 Sip N Social 10:15 Walker Wash 2:30 Juice Cart <b>3:00 Intergenerational – PHS Interactive Club</b></p>
<p><b>19</b></p> <p>9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Internet Church Service 3:30 Juice Cart</p>	<p><b>Wear Patriotic Colors 20</b></p> <p>9:30 Breathing Techniques &amp; Simple Stretches 10:00 Sip N Social 1:30 Movie Monday: "Ronald Reagan" 2:30 Juice Cart &amp; Popcorn <small>Presidents' Day</small></p>	<p><b>Wear Gold, Purple &amp; Green 21</b></p> <p>9:00 Catholic Mass 10:00 Sip N Social 11:00 Weight Lifting <b>2:00 Mardi Gras Party</b> <b>Happy Birthday Sam</b> <small>Mardi Gras</small></p>	<p><b>22</b></p> <p>9:30 Leg Strengthening 10:00 Sip N Social <b>2:00 Ash Wed. Service with Pastor Marcia Peddicord – 1<sup>st</sup> United Methodist</b> 2:30 Juice Cart 3:15 Hope &amp; Happiness <small>Ash Wednesday</small></p>	<p><b>23</b></p> <p>9:30 Random Moves 10:00 Sip N Social <b>2:00 International Snack Tasting – Italy</b> 2:30 Juice Cart</p> <p><b>PIZZA HUT</b></p>
<p><b>26</b></p> <p>9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 1:30 Internet Church Service 3:30 Juice Cart <b>FREE STUFF EXCHANGE</b></p>	<p><b>27</b></p> <p>9:30 Breathing Techniques &amp; Simple Stretches 10:00 Sip N Social 10:30 Dietary Meeting <b>2:00 RESIDENT COUNCIL (Shelter Care)</b> 2:30 Juice Cart 6:15 Movie Night: "Dog Gone"</p>	<p><b>PODIATRIST 28</b></p> <p>9:30 Weight Lifting 10:00 Sip N Social <b>10:15am, 11:15am, 1:30pm, 2:30pm Indoor Plant Lovin' Tours</b> 2:30 Juice Cart</p>	<div style="text-align: center;">  <h1>February 2023</h1> <p><b>"To February with Love"</b></p> <h2>Greenfield Activities</h2> </div>	

Calendar is subject to change and all changes will be posted.

7:40am Prayer & Announcements

Hair Salon by Appointments