

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday		
9:30 Wake Up Ex. 1 10:00 Sip N Social Catholic Communion 1:30 Methodist Church Services 2:30 Catholic Church Services 3:30 Juice Cart Happy Birthday Pat P & Marv B	9:30 Simple Stretches 2 10:00 Sip N Social 11:00 Happy Trails 1:30 Fried Green Tomatoes Showing 2:30 Juice Cart	9:30 Weight Lifting 3 10:00 Sip N Social 11:00 Green Thumbers Gardeners 2:00 Pollinator Garden – Continue to Get the Garden Ready 2:30 Juice Cart 4:00 Wordscape	Shopper 4 9:30 Balance Exercise 10:00 Sip N Social 10:30 Visit with Allyson & Family 2:00 Jack Ness - Entertainer 2:30 Juice Cart 3:15 Happiness & Hope	Wear Bold Colors 5 9:30 Pool Noodles 10:00 Sip N Social Noon – Special Cinco De Mayo Meal 2:00 Meditation Service with Pastor Scott Schmidt, St. Matthew's Lutheran 2:30 Juice Cart	Wear Red 6 9:30 Movin' & Grovin' 10:00 Sip N Social 11:00 Happy Trails 2:00 Bingo 2:30 Juice Cart & Trail Mix	9:30 Belly Dancing 7 10:00 Sip N Social 11:00 Staff Friendly Visits 2:00 Mother's Day Trivia 2:30 Juice Cart		
9:30 Wake Up Ex. 8 10:00 Sip N Social Catholic Communion 1:30 Methodist Church Services 2:30 Catholic Church Services 3:30 Happy Mother's Day - Root Beer Floats & Flowers	9:30 Simple Stretches 9 10:00 Sip N Social 11:00 Happy Trails 1:30 Driving Miss Daisy Showing 2:30 Juice Cart	Podiatrist 10 9:30 Weight Lifting 10:00 Sip N Social 11:00 Pollinator Garden 2:00 Rock Painting-Flowers 2:30 Juice Cart 4:00 Wordscape	11 9:30 Balance Exercise 10:00 Sip N Social 11:00 Happy Trails 2:00 Eileen Quest – Entertainer 2:30 Juice Cart 3:15 Happiness & Hope	12 9:30 Random Movements 10:00 Sip N Social 11:00 Walker Wash 2:00 Meditation Service, Pastor Michael Freeman, Hampshire Colony 2:30 Juice Cart	Wear Black 13 9:30 Movin' & Grovin' 10:00 Sip N Social 11:00 Happy Trails 2:00 Friday the 13 th Party 2:30 Juice Cart Happy Birthday Cindy	14 9:30 Brain Boosters 10:00 Sip N Social 11:00 Staff Friendly Visits 2:00 Balloon Volleyball 2:30 Juice Cart		
9:30 Wake Up Ex. 15 10:00 Sip N Social Catholic Communion 1:30 Methodist Church Services 2:30 Catholic Church Services 3:30 Juice Cart	Wear Purple 16 9:30 Simple Stretches 10:00 Sip N Social – World Peace Day 11:00 Happy Trails 2:00 International Snacks - Russia 2:30 Juice Cart	17 9:30 Weight Lifting 10:00 Sip N Social 11:00 Pollinator Garden 2:00 Cooking Club - Radishes 2:30 Juice Cart 4:00 Wordscape	18 9:30 Balance Exercise 10:00 Sip N Social 10:30 Virtual Museum Tour 2:00 Meditation Service with Marcia Peddicord, 1 st United Methodist Church 2:30 Juice Cart 3:15 Happiness & Hope	Shopper 19 9:30 Ribbons 10:00 Sip N Social 2:00 Heart to Heart: A Spiritual Experience 2:30 Juice Cart 5:30 Pizza Hut Personal Pan Night Happy Birthday Shirley	20 9:30 Movin' & Grovin' 10:00 Sip N Social 11:00 Happy Trails 2:00 Bingo 2:30 Juice Cart & Strawberry Shortcake Treat	21 9:30 Tai Chi 10:00 Sip N Social 11:00 Staff Friendly Visits 2:00 Brain Games: Season 1:2 2:30 Juice Cart		
9:30 Wake Up Ex. 22 10:00 Sip N Social Catholic Communion 1:30 Methodist Church Services 2:30 Catholic Church Services 3:30 Juice Cart	"AGE MY WAY" 23 9:30 Turtle Stretches 10:00 Turtle Trivia 10:30 Turtle Documentary 2:00 RESIDENT COUNCIL 2:30 Time Slips Stories 2:30 Juice Cart & Turtle Fudge from Starved Rock Wear Green & Brown	"AGE MY WAY" 24 9:30 Weight Lifting 10:00 Dendrochronology 10:30 Time Capsule 2:00 Outing to Hornbaker Gardens 2:30 Juice Cart & Bird's Nest Treats Wear Florals	"AGE MY WAY" 25 9:30 Balance Exercises 10:00 Collections/Hobbies 2:00 Show-N-Share Resident/Staff Collections – Activity Room & Dining Rooms 2:30 Juice Cart & Popcorn 3:15 Happiness & Hope Wear Your Favorite T-Shirt	"AGE MY WAY" 26 9:30 Resistance Bands 10:00 Facebook Recall 12:00pm to 3:00pm Picnic Outside (Weather Permitting) 2:30 Juice Cart & Blueberry Cheese Cake Bites	"AGE MY WAY" 27 9:30 Movin' & Grovin' 10:00 Board Games 2:00 Game Day – Outside (Weather Permitting) 2:30 Juice Cart & Healthy Snacks Wear Casual Clothes	28 9:30 Chair Dancing 10:00 Sip N Social 11:00 Staff Friendly Visits 2:00 Jazz Trivia 2:30 Juice Cart Happy Birthday Deb		
9:30 Wake Up Ex. 29 10:00 Sip N Social Catholic Communion 1:30 Methodist Church Services 2:30 Catholic Church Services 3:30 Juice Cart Happy Birthday Nicky	Wear Patriotic Colors 30 9:30 Simple Stretches 10:00 Sip N Social 2:00 Memorial Day Program 2:30 Juice Cart Happy Birthday Danny R.	31 9:30 Weight Lifting 10:00 Sip N Social 11:00 Pollinator Garden 2:00 Decorate Butterfly Stakes 2:30 Juice Cart 4:00 Wordscape	<h1>May 2022</h1> <h2>Greenfield's Activities</h2>				 <p>OLDER AMERICANS MONTH</p> <p>AGE MY WAY: MAY 2022</p>	

Calendar is subject to change and all changes will be posted. Group Walking Outside (11am & 3pm Daily). 7:30am Daily Announcements & Prayer