

Across the Greenfield

Volume 44, Issue 4

April 2021

Outdoor Visit

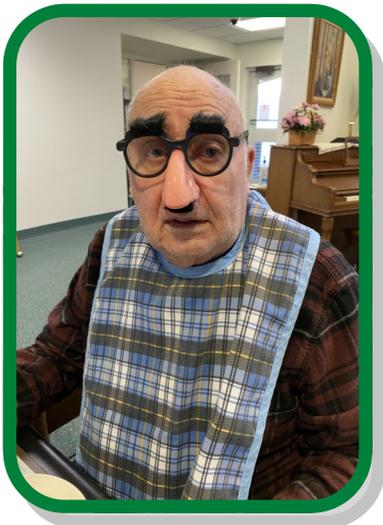


Happy Reunion!

Marlene and her granddaughter, Jen, embrace one another for the first time in well over a year. Their reunion was definitely a happy one! If

you are interested in booking an outdoor visit, community drive, or an indoor visit be sure to call and schedule an appointment.

Family
WHERE LIFE BEGINS
& LOVE NEVER ENDS



Duane



Ruth



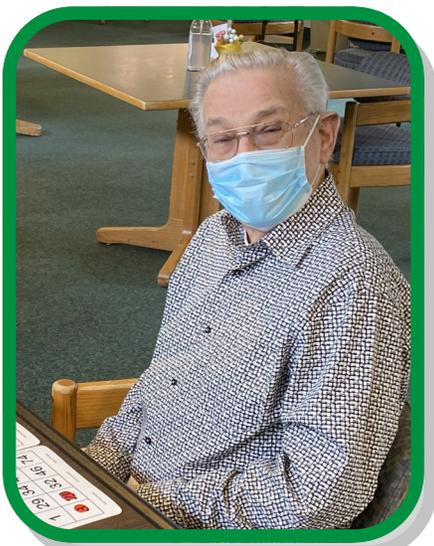
Jane



Meet & Greet with Lynn



Beth



Father Ed



Nancy



Margaret

Across Lynn's Desk

It appears spring is finally upon us! Spring has always been energizing to me. I love the sounds of birds singing, lawnmowers running, and kids playing outside. Excitement builds as people anticipate their upcoming summer plans. Spring is the door to summer, which is my favorite season!

As I think about this time last year, I am awestruck. I don't think any of us truly understood what was to come. Personally, I believe it is important to find the good in every person and every situation. It is hard to see, but good has come from this pandemic. People have banded together and made sacrifices for others. Companies have learned to accommodate remote workplaces opening a world of new possibilities for people everywhere. Families have spent more

time together. The amount of meals being prepared and served at home skyrocketed, encouraging family time and healthier choices. People are more appreciative of being outside and going places. More importantly, the nation recognized the irreplaceable value seniors contribute to society and fought to keep them safe. I challenge each of you to take time and think about the good that has come from the last year.

We are looking forward to Mother's Day. I'm told normally we would be planning a fabulous Mother's Day Buffet for all of you. I'm so sorry we can't celebrate our traditional way. But, we will make the most of this very special day in every way we can. Our Activity Team has coordinated a dog parade for the residents on

Saturday before Mother's Day. That is going to be a lot of fun! I hope some of you will be able to participate. You can call Chris, Activity Director, with any questions or check it out on our Facebook page.

Mother's Day kicks off the start of our week long celebration of Older Americans Month. Chris and her team have been hard at work planning an eventful, fun filled week. I encourage you to "like" us on Facebook so you can see your loved ones having fun! Thank you to everyone for the warm welcome into the Greenfield family. I look forward to working with you all for many years to come!

*Lynn Olds,
Administrator*

**If you prefer to have your newsletter
emailed each month, let us know at:
office@greenfieldhome.org**

Let's Talk

The second meeting of the 'Let's Talk discussion group met April 21. In honor of Earth Day, April 22, the focus of the meeting was environmental issues. We began the session with a list of the women whose stories are recounted in The Book of Gutsy Women, written by Hillary and Chelsea Clinton. The issues these women championed are

Everglade preservation, the dangers of DDT and chemical use, urban environments/ environmental racism, conservation efforts, deforestation, poor air quality, and the climate crisis.

The group listed environmental issues of which we are aware. Then we discussed the questions: What do you believe are the

most pressing environmental issues? - Think of things that have changed in your lifetime. How have these changes impacted the environment? And we finished by briefly touching on some actions individuals can take to help slow environmental degradation. Join in the discussion in May. All are welcome!

Pam Kaufmann, SSD

Paws on Park Avenue Sign Up

In honor of Mother's Day, we're offering our residents a dog-gone good time with our first annual dog parade on Saturday, May 8th with

start time of 2:00pm (weather permitting). If you have a dog you would like to parade around Greenfield's parking lot, please contact

Chris @ 815-872-2261 or activities@greenfieldhome.org. She will send you the requirements for all participants. Thanks!

Columbian Snacks

This month's International Universal Yum snack was Columbia. Often times, when we think of Columbia, we associate it with the mythic city of El Dorado ("Golden One"), but actually, El Dorado was never a city but a person. Specifically, El Dorado was the leader of the native Muisca people, whose inauguration was made official with a shower of pure gold dust. Columbia has some unique flavors and tastes: for example: In Columbia, hot

chocolate isn't complete without...cheese! Yes, cheese is in chocolate con queso, which is typically served at breakfast tables across Columbia. Locals typically take farm-fresh queso fresco in their cocoa, but mozzarella makes for a perfect substitute.

We didn't try chocolate con queso, but we did try some interesting snacks like Mayonnaise Potato Chips, Café con Leche Toffee, White Chocolate Cookies & Cream Clusters, Milk Chocolate

Nougat Bar (similar to Three Musketeers), Bacon & Lime Chips, Fruity Penguin Gummies and Coconut Cream Chocolate Wafers. Believe it or not, but the resident's favorite Columbian snack was... (drum roll) Bacon & Lime Chips! The snacks looked like short bacon strips but the lime flavor gave them a zing that required more samples tasted! Thanks to Sam and Deb for leading the residents into the land of Columbian snacks!

April Fools

We had many wondering faces when it came to some of our scheduled activities on April 1st: bungee jumping off of the front porch, lobster tail a la mode with caviar tarts cart, Elvis

Presley in the building, cow tipping in Tiskilwa outing, mud wrestling in the bather room and fried tarantulas from Cambodia on the afternoon cart. Sounds like fun, right? Well, we didn't

quite follow the planned events but we did have a good laugh...not to mention, every resident was given a pair of Groucho Marx glasses to wear throughout the day! Happy April Fools!

Spring Energy

Grape hyacinths, daffodils, and neighboring magnolia trees in full bloom...just a few signs that spring is officially here in the Midwest. The energy that resonates off of nature's new growth seems to help

motivate us to walk more outside. Weather permitting; we try to go outside with the residents at least once to twice a day for some fresh air and positive vibes. We will continue to do this as the weather gets nicer out. Just a

word of caution: when you see the orange cones blocking the entrances and exits, this means we are walking outside.

Native American Artifacts

Sam in the activity department did a presentation on Native American Artifacts and their history. She showed pictures of the artifact show

at Starved Rock. Sam also presented her arrowheads and spear head that her grandfather had found. Native American history is very fascinating if you are

ever looking for something fun to do—research Native American Artifacts!

Good Friday and Easter Celebrations

This was another unconventional Easter season; however we made the best of it and offered a Good Friday service and the First United Methodist Church offered a sermon

and communion on Easter Sunday. We shared the love of Christ's resurrection with the residents and enjoyed the celebration of the season.



Shake It Up

This was our theme song when we made our mini cheesecakes during our cooking club. Deb M. led the activity and supplied each resident with a small mason jar and all the ingredients needed to

create a delicious personal cheesecake. We all know that whole cream in a jar that is shaken up makes butter; but when you add cream cheese, sugar, and vanilla, you get a delicious thickened cream cheese

filling. Topped with fruit, Voila! Mini cheese cakes! We even posted a fun video of the residents shaking it up, while creating their own cake. Thanks, Deb!

Mini Cheesecakes Recipe

Items needed:

- Small jelly jar w/lid
- Bowl for cheesecake

Crust Ingredients:

- 4 squares graham crackers, put in baggie and crushed using jelly jar

- 1 t. sugar
- 1 T. melted butter

Cheesecake ingredients:

- 3 oz heavy cream
- 1 T. sugar
- 1/2 t. vanilla
- 1 t. lemon juice
- Fruit to garnish

Instructions:

Mix crust ingredients together in baggie. Pour into a small bowl and pack down. Set aside. Put all the cheesecake ingredients into a small jelly jar and tighten the lid on top. Shake jar to mix. Pout over crust and top with fruit. Enjoy!

Outside, Indoor Visits and Outings

With all visits, we ask that you call ahead of time to set an appointment to spend time with your loved one. You no longer need to call the special phone number but can call Greenfield at 815-872-2261 to set up a time. Just a few highlights:

- Visitor(s) need to be from the same household and must be prescreened less than 24 hours before the visit -

no more than 2 persons per visit

- Must wear a face mask or covering at all times during the visit, practice proper hand hygiene
- No food or drink during the visit
- Outside visiting times each day:
 - 9:15 am to 9:45am
 - 10:00am to 10:30am
 - 1:15pm to 1:45pm
 - 2:00pm to 2:30pm

We will supply the rest of the policy and procedures when you schedule an appointment. Thank you for your consideration!



Pool Noodle Exercise



Glenn



Jeanne



Christy



Gratice



Theresa



Mary



Danny

Springtime

“Flowers always make people better, happier, and more hopeful, they are sunshine, food, and medicine for the soul.”
-Luther Burbank

I have been enjoying my daffodils so much the past few week. They seem to be extra pretty this year. I have also noticed many

beautiful bouquets popping up in the halls of Greenfield. I hope they brighten your days and make everyone feel better. I know they do me!

Shelly Davis, DCN



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Greenfield’s mission is to provide a caring environment that maximizes the life enjoyment, integrity and independence of each resident.

www.greenfieldhome.org