

Across the Greenfield

Bureau County Fair Winners!



**Front Row Left to Right: Eunice, Jeanne, Emagene, Pat P.
Back Row Left to Right: Marge, Patsy, Bonnie B., Julie, Glenn**

The Fair

We spent many months preparing for the Bureau County Fair! And it paid off with 14 Blue Ribbon winners (1st Place) and 2 Red Ribbon winners (2nd Place)!! A great job to all of our participants who spent many hours working on their projects. We are already thinking

about next year's entries.
CONGRATULATIONS!!



BUREAU COUNTY FAIR



Happy Retirement, Sarah!



Fair Queen, Rosie



Marvin



Betty



Doris H.



Patsy



Doris B.



Ruth



Bonnie S.

Across Lynn's Desk

Last week, my husband and I had dinner at a popular pizza place in Peru, IL. I was surprised when I saw a robot delivering food to tables! I wasn't surprised because the technology exists. I've seen demonstrations of this exact robot at healthcare expos. But, I was surprised that a local, small business could afford this technology.

A quick Google search showed me how wrong I was. According to Forbes.com, a typical food delivery robot is anywhere from \$2,500-\$5,000. At a minimum wage pay rate of \$13/hr, a \$2,500 robot would pay for itself in less than 5 weeks of work if only utilized 40 hours per week. That isn't even considering the additional savings of payroll taxes, worker's compensation, etc.

Initially, I was upset for potential lost jobs. But, after more consideration, I realized this technology might've come exactly when our country needs it. Instead of replacing jobs, it could be used to subsidize the workforce. It is no secret employees continue to become more difficult for businesses to recruit and retain. I don't think this robot took anyone's job. I think it was filling a hole this business couldn't otherwise fill. Since the robot is relatively affordable, it could, also, help small businesses control costs where they weren't able to before.

Of course, this is all superficial information. I haven't done a thorough investigation. But, I do know artificial intelligence (AI) is

here to stay. Almost everyone uses this technology daily. You see it with smart phones, Alexa devices, search algorithms that learn behavior and personal preferences to recommend products to purchase on Amazon or shows to watch on Netflix, healthcare analysis and diagnostics, and many other things.

I don't believe humans will ultimately be replaced with AI. We need human interaction to survive and thrive. I think AI will be the catalyst humans use to adapt to our current situation and revolutionize our future. We will see what the future holds.

Lynn Olds

Meditation Services

Thank you to Pastor Ryan Sutton from the 1st United Methodist Church of Princeton and Pastor Cal Zehr from the Willow Springs Mennonite Church of

Tiskilwa for coming to Greenfield, and Monsignor and friends from the St. Louis Catholic Church of Princeton for sharing the Word of God with our

residents and tenants.

Dementia Friendly Princeton



I know that many of our Greenfield residents and families are aware that Lynn and I are part of the task force for Dementia Friendly Princeton. We are grateful that the community has really shown a willingness to serve on the planning team and or be willing to learn more about how they can do their part to make Princeton and our surrounding communities more open to people with and caregivers of those with dementia.

I wanted to share the good news that Greenfield Staff have all been trained on how to be aware of dementia barriers for folks

in the community and here at Greenfield. We are now better prepared to help. We are still waiting for our certificates, but you will notice the stickers on all our doors and vehicles.

We have had more people attending the Caregiver Support Group, so there is a need for awareness and support. I also put together a sermon and education piece that I can share with other churches for pulpit supply about how they can be more dementia friendly in church. I hope to serve more in the community by sharing this message. I am proud that our staff and community have taken on this challenge and invite others to do the same. You can call Greenfield or the Bureau County Senior Center for more information.

It is great to be part of an organization that allows us to help the community in this way and that the

Princeton community has recognized and responded to the need.

Kate Webster, SSD

August Fun in the Desert Sun

This month's theme took us to different deserts full of intriguing histories, fun facts, flora and fauna of various arid places.

One desert area was Las Vegas, Nevada. We took a trip to Sin City where we discovered that the name means "the meadows," and it was named by Rafael Riviera in 1821. The Spanish pioneer laid out the Old Spanish Trail, and he was the first European to set foot into Las Vegas territory. He called the spacious fields Las Vegas because of its sprawling fields of vibrant grass nourished by

abundant local springs.

Despite the desert landscape, it's known for today, Las Vegas was once a natural oasis filled with rolling green hills. The springs were dried up by groundwater pumping, and now 90% of the city's water comes from Lake Mead. While in "Vegas", we tried our hand at some of the games like poker, craps and roulette, watched a fascinating video of all the attractions with over 30 hotels and casinos, while sipping on Vegas punch.

We invited our very own resident assistant, Eli, who showed us how to use the prickly pear cactus as a source of healthy eating. She shared her family's story growing up in the Southern part of Mexico, along with ways to cook and prepare this food staple. She used both flower and branch of the cactus for juice and a dish. Thanks, Eli!

Desert trivia was next on the schedule where we learned some interesting facts. One such fact was the kangaroo rat is so perfectly adapted to

arid environments that they do not need to drink water their entire lives. They can survive on water digested from their seedy, vegetarian diet.

Finally, we got our hands nice and sandy, using tactile sand to create our own desert oasis. The only difference was we were inside where the temperature was not over 100 degrees Fahrenheit! We learned about mirages and how that works along with some short videos full of interesting desert facts.

*Chris Thompson,
Activity Director*



Resident Assistant, Eli



Marge's desert oasis



Emagene

Just a few of the fair ribbon winners!



Julie



Pat P.

Dining Services

Recently, Danny, the head cook and myself took a work related trip to Wisconsin for a Healthcare Symposium seminar. Some topics included: Mediterranean diets, plant-based foods, and cost control. A panel of dieticians from different areas discussed what dining services were like from other facilities. Also

included at the seminar was a mini food show full of interesting and tasty new products. Finally, a tour of the Wisconsin warehouse where many of our food items come from was given. Overall, this experience has been one that makes me realize what an honor it has been to be the manager for Greenfield's dining services.

On a side note, I wanted to extend an invitation to all community members to stop by our table at **Lunch in the Park** on Friday, September 8th from 11:00am—1:00pm where we will be selling all of our delicious baked goods. Come join us for a sweet taste of Greenfield!

Beth Culjan, Dietary Mgr.

Save Paper, Save the Planet!

Let us know if you'd like to receive our newsletter by email at: office@greenfieldhome.org





Bonnie B.



Eunice



Carolyn



Patsy, Sarah, Pat A.



Glenn



Gratice



Nancy



Jeanne




Cold and Flu Season is Around the Corner

As we enter into fall, of course comes the cold and flu season. Along with that, Covid has seen an uptick in cases the past few weeks. RSV is another virus with cold symptoms that arrives in the fall. This fall we will have options to receive vaccinations for Influenza, Covid and RSV. Oregon Healthcare Pharmacy will once again be coming in to Greenfield to host a vaccine clinic for all residents and staff who are interested in receiving the shots. I will be distributing educational materials and forms to fill out regarding your desire to receive or decline the vaccines sometime in the next month or so. I have attached a chart of recommendations for each of these vaccines.

What You Need To Know About Fall Vaccines

As of August 23, 2023
From ABC News

Immunizations have been shown to lower risk of severe disease
Speak to your health care provider about the best timing for you

Vaccine	Who	What	When
Influenza 	People 6 months and older, adults over 65 may choose to get higher dose	One dose that targets multiple flu strains	September and October
COVID 	Recommendations expected in mid-to-late September awaiting CDC recommendations	Booster vaccine targeting newer variants	September and October
RSV 	Adults over 60	One dose vaccine	Available now, talk to your doctor

Please continue to be mindful of any symptoms of illness. Whether it be a cold, flu, or Covid, we want to do our best to prevent our residents from becoming ill. If you are not feeling well or even have mild symptoms that could be any of these

illnesses, please postpone your visit until symptoms subside.

Thank you again for all you do to keep our residents healthy and safe.

Shelly Davis, DCN

GREENFIELD RETIREMENT HOME

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Greenfield's mission is to provide a caring environment that maximizes the life enjoyment, integrity and independence of each resident.

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