

Across the Greenfield

Happy New Year!



Welcoming in 2023

We celebrated in style with party hats, noise makers and a lot of tasty treats to welcome the new year! The

year 2022 held many fun activities and new discoveries, and 2023 will be even better! Happy New

Year and may you find peace and happiness this year!



Doris B.



Doris H.



Jeanne



Jeanne, Doris H., Bonnie B., Sam, Glenn, Danny



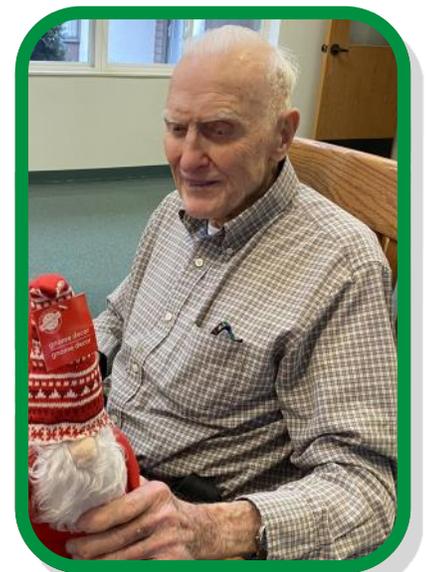
Christy



Marie



Julia



Harold

Across Lynn's Desk

We jumped right into the New Year. We were surprised Tuesday morning with a visit from the Illinois Department of Public Health. They were here for our licensure survey.

A survey is a comprehensive inspection that evaluates the safety, quality of care, and quality of life at Greenfield. During this inspection, they review every department. They look at paperwork and actually spend time throughout the building observing staff as they perform their tasks.

For nursing, they complete detailed reviews of resident charts. They are making sure our care is appropriate, medications are administered as prescribed, and resident representatives are being updated when they should be. They look very closely at our infection control practices to ensure we are thorough, consistent, and our staff is well trained.

They confirm we are protecting resident rights

and keeping them free from abuse. Life enriching activities are reviewed and observed.

Throughout the building, they look for possible environmental safety issues. Every area of the building must be well maintained and clean. Our disaster and fire drills are reviewed to confirm our staff is properly trained to keep our residents safe in the event of an emergency.

In the kitchen, they make sure food is stored safely, temperatures are tracked, and good sanitation practices are followed at all times.

Lastly, they inspect different aspects of administration. This is to establish we have all required inspections, background checks, and licenses/certifications for applicable employees.

While this isn't everything they evaluate, it gives you a good overview. Surveys can be stressful, but they are

very important. This is one of the processes IDPH has put in place to make sure older adults are receiving the care they deserve.

I am very pleased to inform you we had no findings in our survey. This is a great accomplishment. This would not be possible if we didn't have such awesome people working in every department at Greenfield. The next time you talk to one of our employees, please give them a virtual pat on the back for a job very well done!

Lynn Olds

Dementia Friendly

As a follow-up to my article last month, I wanted to promote the work that we are doing as part of the Dementia Friendly Princeton Group.

We are looking for opportunities to train area businesses, community members, and organizations on how you can be more Dementia Friendly. The training does not take very long and can improve how you interact with your customers, friends, and family members. You can sign up for this through the Bureau County Senior Center at 800-554-5955.

As part of the goals of Dementia Friendly Princeton, we plan to start a Caregiver Support Group Sponsored by the Alzheimer's Association on

the second Thursday of the Month starting in February at the Princeton Public Library. If interested in participating, please call Greenfield at 815-872-2261 and ask to speak to Kate. Our flyer should be coming out soon, so keep your eyes out for it.

Alzheimer's Association® support groups, conducted by trained facilitators, are a safe place for people living with dementia and their care partners to:

- Develop a support system.
- Exchange practical information on challenges and possible solutions.
- Talk through issues and ways of coping.
- Share feelings, needs and concerns.
- Learn about community resources.

It is important to have fun, too, and we have tested this snow-making reminiscing activity out at Hope and Happiness and Santa's Workshop. It is fun for all ages, feel free to check out the link: shorturl.at/jtM03.

When caring for someone with dementia it is critical to have a team of support to avoid burnout and continue to be both a caregiver and family member. If you are a caregiver and need help with resources, reach out to the 24/7 Alzheimer's Association Helpline at 800-272-3900.

Kate Webster, SSD

New Year 2023

Happy New Year to all!! It's hard to believe we are starting a new year already. We recently had our county and state inspections. Both said they could tell when

they walked into the kitchen that it is clean and organized. They said we have a very well run kitchen, which I was very happy to hear.

I'm proud of all departments and so blessed to work in a facility where we all work together as a team!!

Beth Culjan, Dietary Mgr.

Coats for Seniors

With the cost of living increasing, we wanted to “share the warmth” by reaching out into the community for new or gently used coats for those seniors in need. We worked with Vanessa Hoffeditz, Community Services/Food Pantry Manager at the Tri-County Opportunities and discovered that our coat drive would help fill the gap by providing coats, socks, hats, mittens/gloves to our senior population.

Vanessa shared some disheartening statistics that households over 65 have

increased the usage of services offered through the food pantry. She said that “in years past, 12% of households were 65 or older, now 32% of our households are over 65 years old. Of that group, many are indicating the increased costs of food, heat and medication are the main drivers to using the food pantry.”

We created drop off boxes at several of our industrial businesses around town. We were truly blessed by the response of over 40 winter coats donated for the drive!

Also, Ace Distribution Center donated items in addition to coats, which helped immensely. Allegion donated to the drive, as well, which also blessed us with more items to share.

Christmas is about giving to one another and sharing the love of Christ with those less fortunate. Thank you to all who gave a coat or warm items to our coat drive! Start putting those winter coats aside for next year’s coat drive!

The January Diet Resolution

“Twas the month after
Christmas and all through
the house,
Nothing would fit me not
even a blouse. The cookies
I’d nibbled, the eggnog I’d
taste
At the holiday parties had
gone to my waist.
Away with the last of the
sour cream dip.

Get rid of the fruitcake, every
cracker and chip.
Every last bit of food that I
like must be banished,
‘Til all the additional ounces
have vanished.
I won’t have a cookie—not
even a lick.
I’ll only just chew on a long
celery stick.
I won’t have hot biscuits, or

cornbread, or pie,
I’ll munch on a carrot and
quietly cry.
I’m hungry, I’m grouchy, can’t
fit through the door,
But isn’t that what January is
for?
Unable to giggle, no longer a
riot.
Happy New Year to all and to
all a good diet!

**If you prefer to have your newsletter emailed
each month, let us know at:
office@greenfieldhome.org**





Peppermint Left Center Right Game



Marvin

Advent Giveaway

During the 24-days of Christmas, we celebrated each day with a special prize. From Christmas socks,

scarves, candies and jingle bell necklaces, we pulled out a name from Santa's bag and that person won a fun

prize. The surprise of being chosen and given a unique gift was a joyful event.

Meditation Services

We greatly appreciated the pastors who came to Greenfield to share the Word of God with our residents/tenants: Pastor Ryan Sutton from the 1st United

Methodist Church, Pastor Cal Zehr from Willow Springs Mennonite Church, Pastor Scott Schmidt from St. Matthew's Lutheran Church, Pastor Marcia Peddicord

from 1st United Methodist Church of Malden and Princeton, and to Monsignor and Friends from St. Louis Catholic Church. Thank you for your faithfulness and dedication!

Christmas Spirit Week

We chose a week where we celebrated to spirit of Christmas with special events, treats and more. Monday was wearing your favorite Christmas socks/hats; Tuesday was Christmas accessories; Wednesday was Christmas sweaters; Thursday

was dress up as your favorite Christmas character and Friday was Christmas best.

Throughout this week, we played Jeopardy-Style Trivia, created a wooden Rudolph, listened to the Christmas tunes of the Accordion

Players, enjoyed the meditation service with Pastor Scott Schmidt from St. Matthew's Lutheran Church and ended our week with Christmas Bingo. Spirits were raised and good will shared amongst our residents, tenants and staff!



Julie M. & Santa Sam



Patsy



Shirley & Santa Sam



Glenn



Muzzy



Jane



Danny



Mary M.



Dave

New Year

Happy New Year! As we begin a new year, many people consider starting a new routine. Most of us don't look forward to the cold dark days of the winter season. Some other countries look at winter differently, as a time for resting and renewal, a time for some new adventures. We are blessed to have Chris planning many exciting things for us each month. Now is the time to

try something new. Look at the weekly schedule and pick out something you haven't tried before. Everyone is welcome to be included at each activity. Don't let poor hearing, failing vision or arthritis keep you from attending. The activities are adapted so all can be included. You may ask why is a nurse promoting activities? Remaining active can help you maintain your

independence, improve depression, stimulate the brain as well as many other health advantages. Try something new this year such as "Hope and Happiness" with Kate on Wednesdays at 3:15pm, exercise at 9:30am each week day, or any other program that is new to you. Watch the weekly calendar for programming.

Mary Grieff, ADN



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Greenfield is a not-for-profit provider.



Greenfield's mission is to provide a caring environment that maximizes the life enjoyment, integrity and independence of each resident.

www.greenfieldhome.org