

# Across the Greenfield

## Mardi Gras Queens



### Celebrating Mardi Gras

Fat Tuesday, Shrove Wednesday, Pancake Day...all names for Mardi Gras, which was celebrated by all those clean-out-the-larder, party-going residents before the start of lent. Chris (Activity Director) led the "Krews" with some fun activities, including the traditional pancake toss, a showing of past Mardi Gras celebrations. With the restrictions of only 10 people

per small group, we had the pleasure of celebrating Mardi Gras twice! Some of the residents donned green, gold and purple attire and were given necklaces, masks and jester wands at the party.

Chris made the Kings Cake out of cinnamon rolls, topped with frosting and colored sugar to represent the gold (represents power), purple (represents justice) and green

(represents faith). The cake symbolizes the Wise Men who sought out Christ. Traditionally a plastic baby is placed in the cake and the one who finds the baby buys next year's cake. We used a plastic medallion and placed it under the piece served and had the residents choose his or her slice. The winners were awarded King or Queen of Mardi Gras. The winners were Barb & Christy! Congratulations!





**Beth**



**Barb**



**Father Ed**



**Exercise in the Apartments**



**Marge**



**Nancy**



**Mary**



**Theresa - pancake toss**

## Across Phil's Desk

Greetings from Greenfield. As we see hints of spring and the melting of snow, we also see the declining numbers of COVID cases and the easing of isolation requirements. It feels like we are emerging from winter on multiple fronts!

One of the events that didn't happen this past year was Greenfield's annual staff party. At this holiday celebration we look toward the new year and recognize events of the past year. We highlight staff hitting milestone anniversaries. As a meager consolation, I would like to recognize the following anniversaries:

### Completing one year:

- **Carol Zehr**
- **Bill Neff**
- **Myah Headley**

### Completing 5 years:

- **Marianna Barkley**

### Completing 15 years:

- **Pam Kaufmann**
- **Christine Thompson**

### Completing 20 years:

- **Phillip Kaufmann**

### Completing 30 years:

- **Janet Frank**

### Congratulations to ALL!

Along the staffing vein, I am pleased to announce that the Trustees have hired a new administrator, Ms. Lynn Olds. She is currently the administrator at Liberty Village in Princeton. She has worked there since 2015 starting in the admissions position and shifting to assistant administrator and then on to licensed administrator. Prior to that she worked as a District Sales manager for Sysco Foods.

I have worked with her on a

limited basis in the community, and am excited to have her stepping in here at Greenfield. Lynn brings a different set of skills and experience to the job and ones that Greenfield needs at this time.

I came with experience overseeing building projects and running a physical plant. During my time, we have upgraded and added extensively to our campus. Now, COVID has left our census low and Lynn comes with admission and census building experience. That is more than coincidence.

I wish Lynn great success as she steps into a job I have loved for 20 years!

Until next month.



## Resident Council

Resident Council questionnaires have been distributed. If you still have your questionnaire, please return it to Chris as soon as possible.

**If you prefer to have your newsletter emailed each month, let us know at:  
greenfieldoffice508@gmail.com**



## New Resident - Barb Falck



If you want to know the plot to just about any book, ask Barb Falck. She has probably read it. During one period, she was a member of three book clubs at the same time. She is interested in participating in a book club at Greenfield. (If you are interested in that idea also, contact Chris or Pam.)

Barb was born February 26, 1935, in Chicago, IL. Her parents were Mary (Stedman) and Benjamin Baum. Though Barb was born in Chicago, she does not have memories of living there. When she was six years old, the family moved to Appleton, WI. Her father was a salesman and sold beauty supplies. During fuel rationing, since beauty supplies were not "essential", he delivered milk. As he sold milk, he was able to continue selling beauty products. Her mother was a homemaker.

Barb had one half-sister, Jane Lynch, who is deceased.

Barb graduated from Appleton High School in 1952. She went to Northwestern University/Evanston Hospital of Nursing and graduated with a Nursing degree in 1955. Through the years she has worked in behavioral health (psychiatric) and geriatric settings. She served as the Director of Nursing (DON) at Greenfield for several years. Later, she served as DON at a facility in Crystal Lake, IL.

Barb married Dick Falck, September 11, 1955. Barb counts his sister, Elise, as her sister. Dick worked for Sundstrand Corporation. The company moved him from location to location, so Barb lived in Kalamazoo, MI, Princeton, Rockford and Crystal Lake, IL. They lived in Princeton two different times. Barb and Dick have four daughters: Mary Grieff, Suzi Falck-Yi, Betsy Hedges and Kristin McCarthy.

Barb and Dick divorced. Later, on May 23, 1994, Barb married Ray Bradford. He was a high school history teacher and a fellow church member. She came to know him when they were on the same tour of Israel and Egypt. Of her many travels, she says this trip was a

favorite. She hiked to the top of Mt. Sinai, which is a challenging feat. Ray passed away in 2011.

Because her first husband was born in Norway, every five years the family traveled there to visit relatives. Barb has been to Oslo, Norway, seven times. She has visited the United Kingdom, Netherlands, France, Taiwan and Japan, and taken Rhine River and Caribbean cruises. She and Ray honeymooned for three weeks in Hawaii. Barb has enjoyed seeing the world.

Besides travel and reading, Barb enjoyed Bridge, taught piano lessons and played piano at two nursing homes, once a month. For 30 years she has been a member of PEO, an organization that celebrates women and promotes their education and advancement. Barb was a Stephen Minister at her church. Stephen Ministries is an international, non-denominational organization that equips church members to offer care to hurting people. Offering care to others has characterized Barb's whole life. Welcome to Greenfield, Barb!

*Pam Kaufmann, SSD*

## Bowling

Do you remember Crown Lanes or Pleasant Lanes? How old were you when you first picked up your first bowling ball? What was your highest score? Did you come close to a 300? These were some of the questions asked before we picked up our specially designed, indoor bowling ball and aimed at the pins. One participant remembered when there was a two lane bowling alley in downtown Princeton where she

worked as a pin setter. None -the-less, we set up our own alley, pins and had the choice of two unconventional balls: 2-pound and a 5-pound. The activity staff helped each resident to try and knock down as many pins as possible. We didn't quite score that perfect 300 game; we did, however, have a fun afternoon bowling. After seven frames, Mary was the big winner with a score of 62. Congratulations, Mary! And thanks to all who came out and played.



**Danny & Chris**

## Homemade Fudge with Deb

Deb M. (Activity Aide and Resident Assistant) shared her Keto friendly fudge recipe with us where all the residents had a chance to make his or her own batch. The recipe only contained four (4) ingredients, so that made it easy to mix up. Deb shared her diet

accomplishments, a few funny stories; we watched how fudge was made with a short video, shared the history of fudge and a "sweet" activity packet to take with and complete in their room. We will include the recipe to try at home. Thanks, Deb!



**Deb**

## Deb's Fudge Recipe

2 C. Heavy Cream

3T. Butter

1/3 C. Sweetener or Sugar

1 T. Vanilla

Instructions:

Place 1st three ingredients in a shallow heavy pan and

simmer for 20—30 minutes until reduced and thickened. Remove from heat and add vanilla.

Add 1 C. Milk or Semi-sweet Chocolate Chips and stir.

Line 8 x 8 pan with

parchment paper.

Pour fudge into pan and refrigerate or freeze to help it set up.

Cut into 16 pieces & enjoy!

## Valentine's Day Party

For Valentine's Day this year, Allyson (Activity Assistant) planned a fun party for everyone to enjoy! There was punch, snack mix, chocolate covered strawberries & some cute goodie bags & packets for the residents to take with them. The Activity Room was decorated in red from head to toe so everyone could get into the spirit of

Valentine's Day! We also played a game called, "25 Questions" where the residents picked a number between 1 and 25 & the Activity Staff read the question aloud & went around the room to hear everyone's response. There were many laughs & smiles as the residents reminisced together & enjoyed some yummy treats!



Gratice

## Crafts

The residents felt sorry for the birds, since the weather has been so cold outside, so we created our own food, using cranberries, popcorn,

oranges and apples. This was another fun project where we used a needle and thread to string the food. When we were done the residents

watched the activity staff hang the "bird food" outside to watch and see what critters would find them.

## Ash Wednesday

Reverend Tim Hepner from St Louis Parish offered ashes and created a special Youtube video for all the local retirement/nursing homes in the area. We used

this video and the ashes to celebrate the start of lent with those residents who were interested. This year, instead of making the cross on the forehead, we were

asked to sprinkle the ashes. Thank you so much, Fr. Tim, Sam (Activity Aide) and those who helped make this event special!

## Special Thanks!

The Pre-K class at Douglas school made cute Valentine's letters, Carol Jean Dall donated Valentine ornaments for the residents,

St. Louis Parish supplied weekly bulletins and sermons on YouTube as well as a ceremony/ashes for Ash Wednesday, First United Church drops by weekly

DVDs of their services and bulletins, Evangelical Covenant Church supplied radios to the residents who need them. Thank you to all!





**Bingo - Christy, Gratice & Elaine**



**Ashes - Sam & Christy**



**Jane**



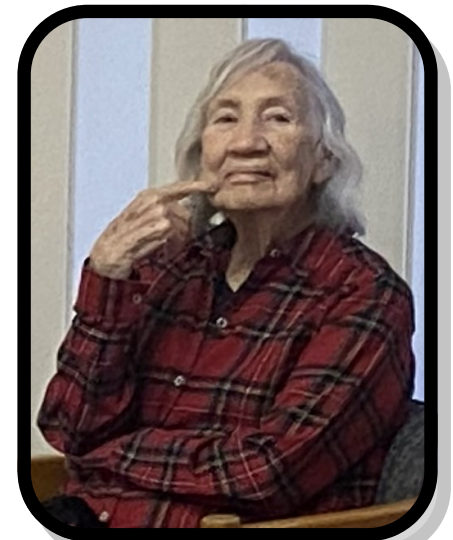
**Eleanor**



**Margaret**



**Exercise Group - Allyson & Friends**



**Doris H.**



## Spring

I thought we could all use a little reminder of what is ahead. I am sure all of you are as ready as I am for Spring after this cold snowy winter. Spring is such a reminder of new beginnings and hope. I am hopeful that we will have a much different Spring, Summer, and Fall in the coming months than we had last year.

*Shelly Davis, DCN*

## Spring



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When the cold, harsh winter has given its last breath,  
When the sky above shows life instead of death,  
When the clouds reaching to the frozen sky become decorated with leaves,  
When the animals -long in hiding- scurry from trees,  
We know winter has ended.

When the frost on grass is replaced with sweet dew,  
When the fields become dotted with flowers, reminding me of you,  
When the lonely silence becomes filled with melodies,  
When you feel warm air, erasing bad memories  
We know winter has ended.

When the hard, bare ground becomes painted with green,  
When the frost-bitten air becomes fresh and clean,  
When the coats and boots are all stored away,  
When the playgrounds become occupied again with child's play,  
We know winter has ended.

When you hear the pleasant sound of children's laughter,  
When the air is filled with joy- long sought after,  
When the world is filled with sunlight, brighter and longer,  
When the song of Mother Nature becomes stronger,  
Spring has begun.



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provide a caring environment  
that maximizes the life  
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independence of each resident.*