

Greenfield Retirement Home

Across the Greenfield

Volume 49, Issue 6

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**ARE YOU READY FOR THE SUMMER?
ARE YOU READY FOR THE GOOD
TIMES?**



Food, Fellowship & Fun at Our Summer Soirée

Our Summer Soirée was filled with laughter, delicious food, and meaningful conversations as residents

welcomed family and friends for a wonderful afternoon together. These photos capture the joy of

making memories, strengthening connections, and celebrating the warmth of the Greenfield community.



They say a picture says a thousands words and each of these pictures with family and friends truly speak to the joyous time had at the Greenfield Summer Soirée.

Across Lynn's Desk

Spending quality time together doesn't have to be elaborate to be meaningful. Some of life's most treasured memories are created through simple moments shared at an unhurried pace. I've put together a list of easy, enjoyable activities you can do with your loved one this summer. Choose a few favorites, make time for them, and create memories that will last a lifetime.

In Princeton

1. Walk through downtown and browse the local shops.
2. Have lunch at a favorite local restaurant.
3. Visit Hornbaker Gardens and stroll among the flowers.
4. Explore the Bureau County History Center.
5. Tour the Owen Lovejoy House.

6. View the Flags of Freedom.
7. Watch the trains arrive at the historic Amtrak station.
8. Attend a concert on Main Street.
9. Take a walk together at Zearing Park.
10. Visit the Princeton Farmers Market on Saturday mornings at Soldiers & Sailors Park.
11. Enjoy ice cream together on the patio at Sisler's.
12. Look through the Princeton Area Chamber Community Guide's Calendar of Events and choose a local event to attend together.

Scenic Drives

1. Drive the Barn Quilt Trail through Bureau County.
2. Take a leisurely drive

through the countryside looking for wildlife.

3. Visit local sunflower or flower fields.
4. Stop for photos at historic barns.
5. Pack snacks for a country road picnic.
6. Visit the Captain Swift Covered Bridge or Red Covered Bridge.
7. Drive through City County Park.

Memory Making

1. Spend time together on Greenfield's patio playing cards, visiting, enjoying a favorite snack, or simply relaxing.
2. Bring old family photo albums and tell stories.

Lynn Olds, Administrator

TRIVIA TIME WITH TANYA

Did you recognize this month's newsletter title is part of song lyrics from a movie? **CAN YOU NAME THE MOVIE THE LYRICS ARE FROM?** I will share the answer next month but here are a few hints:

1. The movie released the year I was born and I am 47 (use your math skills).
2. On page 7 there is the name of a character in the movie.
3. The movie was filmed in Canada
4. Bill Murray was a main character.
5. Fill in the blank correctly and you have your answer "Cloudy with a chance of _____"

Clarifying a New Diagnosis and Treatment Plan

I offered an overview of what to do after a dementia diagnosis and now I would like to go into more detail. Even before someone is diagnosed with dementia or any other complex health condition, it is important to think about who is on your treatment team and what your relationship is like. A basic treatment team includes you, your doctor, and usually a support person. If you are chronically ill, it can also include specialists, people you see for treatment, like a therapist, caregivers, and medical equipment used for aides or mobility. It is important before a difficult diagnosis that you have a treatment team that you feel like is able to listen to you, answer questions, willing to make referrals, and take their time.

In the beginning of a dementia diagnosis, the starting point may be that you or a family member has noticed changes and your primary doctor does some basic cognitive tests and labs to rule out other concerns. The earlier you can talk to your doctor about memory deficits the better. There are medications to slow the disease process down and memory aides that can help you to still stay alert and active. People worry about talking to their doctor, preferring to put their concerns aside but the earlier you can start working on a treatment plan, the longer you can stay independent or at a less restrictive level of care like Greenfield.

If you would like to know more about what specific type of dementia

you have or what you might anticipate next, you can ask to see a specialist. The Illinois Neurological Institute in Peoria has several neuropsychologists that you can see to evaluate your memory loss and make a more detailed diagnosis. This does require a referral from your primary doctor and also typically involves additional testing. No one can ever predict what path someone's dementia diagnosis may follow. It is an individual experience for each person and their loved ones. The best thing you can do is be proactive about educating yourself and be flexible about how you help your loved one. Some days they may be their old self and other days they may be more confused and require more patience. Either way you're not alone.

Kate Webster, SSD

Father's Day Cookout Brings Everyone Together

Our Father's Day Cookout the center courtyard allowed residents to gather and enjoy great food and company. The aroma of grilled burgers and hot dogs filled the air as residents en-

joyed a classic summer cookout featuring coleslaw, homemade potato salad, baked beans, with all the fixings. Dessert was a refreshing chocolate éclair ice cream bar while residents reminisced about Father's Days gone

by. Events like this remind us that sharing a meal is about more than food. It is about celebrating one another, enjoying time with friends, and appreciating special moments.

Paws on Park Avenue 2026 a Tail-Wagging Success!

Greenfield Retirement Home would like to extend our heartfelt thanks to the many businesses, organizations, volunteers, and community members who helped make Paws on Park Avenue 2026 another incredible success!

First and foremost, we are deeply grateful to our generous sponsors:

Johnson's Carpet Shoppe, Dairy Queen, Paisano's Ristorante, Pizza Hut, Optimal Health, Bureau Valley Veterinarian Services, MarDog's Grooming Services, Scooter's Coffee, PetSmart, Myrtle's Pies, Headley's Lawn Care, Culver's, Monical's Pizza, Ace Distribution, Heartland Bank, Mary Sommer, and Ami Robison. Their donations made it possible to provide wonderful prizes, gift baskets, and support for this special event.

A sincere thank you also goes to our participating animal rescue organizations:

Tri-County Humane Society, 2nd Hand Ranch & Rescue, and Safe House Animal Rescue, who

shared information about their missions with visitors throughout the morning. Thanks to the generosity of everyone who supported our bake sale, ***we were able to donate \$125 each to Tri-County Humane Society, 2nd Hand Ranch & Rescue, Safe House Animal Rescue, and Bekah's Bandits Wildlife Rehabilitation.*** Every dollar raised through the bake sale went directly to these outstanding organizations and the animals they serve. We also extend our appreciation to the many volunteers who donated their time and talents behind the scenes. From setting up and baking treats to judging contests and assisting throughout the day, your help made the event run smoothly.

The highlight of the day was undoubtedly the Dog Parade, featuring more than 21 dogs and their proud owners. Residents cheered as awards were presented, ranging from the Golden Oldie for the oldest canine participant to the coveted Top Dog

Award, chosen by our residents as their favorite dog. Each winner received a commemorative medal, a sponsor-filled gift basket, and a certificate.

Most importantly, the smiles on our residents' faces reminded us that community, companionship, and four-legged friends truly make life brighter.

Mark your calendars now for Paws on Park Avenue 2027!

Join us on **Saturday, May 22, 2027, from 9:00 a.m. to 2:00 p.m.** We look forward to making next year's event even bigger, better, and even more paws-itively unforgettable!

Chris Thompson
Activity Director



Homemade Truffles in Cooking Club

Our Cooking Club enjoyed a sweet and simple demonstration as we made homemade truffles together. Residents watched as just a few ingredients were transformed into rich, bite-sized treats, perfect for sharing or enjoying with a cup of coffee.

The demonstration was a fun way to talk about favorite candies, holiday baking memories, and special desserts made with family over the years. Everyone enjoyed seeing how easy truffles can be to prepare, decorate, and customize with different toppings.

From rolling each truffle to adding the finishing touches, this activity brought a little chocolate joy to the day. Best of all, residents were able to sample the finished treats and take home the recipe to try or share with loved ones. We hope this sweet

demonstration inspires more kitchen memories and maybe even a few new family favorites!

Chocolate Truffles

Ingredients:

8 oz. Bakers Chocolate (Unsweetened)

2/3 c. Heavy Cream

1 Tbl. Butter

1 tsp. Vanilla

Heat cream until it bubbles around the edges of your pot. Turn off heat, add chopped chocolate to cream.

Let stand for a few minutes and stir in butter & vanilla.

May need to stir several times to incorporate everything. As it cools it will stiffen up. Once it is firm, you can also put in the refrigerator to speed up the process. Then, make small balls with truffle mixture and refrigerate while you make the coating for the dipping.

Coating:

1 cup Chocolate Chips (Use your favorite flavor)

1 tsp. Butter

Melt in microwave for 30 seconds at a time until melted through. Then, dip your truffles and return to the refrigerator to set. Enjoy!

“The Cooking Club was very generous to share their hand-made Chocolate Truffles with the staff. I can personally vouch for the fact that these truffles are absolutely delicious and will please any chocoholic. I thoroughly recommend giving them a try.”

~~Tanya Hansen, Office Manager

Bracelets for a Great Cause

Greenfield residents and staff are making and selling their beautiful handmade bracelets! These bright and cheerful bracelets come in a variety of fun colors and styles.

Bracelets are available for \$3 or \$5 each and special orders are being accepted for favorite colors. All profits from the sales will go toward supplying food for the Little Pantry at

1st Presbyterian Church. If interested in purchasing a bracelet contact the Activities Department or stop by to see the available selections.



Joyce, Nobbie, & Ed at Psycho Silo



Pat P. at Zearing



**Sassy PAWS Grand
Marshall**



Eunice at Zearing



**Spaz the Goat at
PAWS**



Judy, Christy, Edwin, Annabell & Aleta



**Pat P., Aleta & Betty Making
Bracelets**

A LITTLE REINTRODUCTION!!

Hello Greenfield family!

It's hard to believe that I have already been serving as your Director of Nursing for six months! Time has certainly flown by, and I wanted to take a moment to reintroduce myself for those I haven't had the chance to meet and to say thank you to everyone who has made me feel so welcome.

My name is **Baylea Weston RN**, and it has truly been a privilege to serve the residents, families, and staff here at Greenfield Retirement Home. Over the past several months, I have had the opportunity to get to know many of you, and I continue to

be inspired by the kindness, resilience, and sense of community that make Greenfield such a special place.

As Director of Nursing, my goal is to ensure that every resident receives compassionate, respectful, and quality care while fostering an environment where everyone feels safe, valued, and heard. I believe that open communication, teamwork, and a smile can go a long way in creating a positive experience for both residents and staff.

When I'm not at work, I enjoy spending time with my family,

friends and pets! I love to travel and make memories with the people I love. Those experiences remind me of the importance of caring for others with patience, kindness, and compassion every day.

Thank you for the trust you have placed in me over these past six months. I am grateful to be part of the Greenfield family and look forward to continuing to build relationships with each of you. Whether you have a question, concern, or simply want to stop by and chat, my door is always open.

Here's to many more wonderful memories together!

Baylea Weston, DCM

Welcome Our New Assistant Director of Nursing!

We are excited to welcome **Keirsten Cassidy, RN**, as our new Assistant Director of Nursing! She brings a wealth of experience from the skilled nursing setting and is excited to begin this new chapter in sheltered care. Her knowledge, dedication, and passion for providing exceptional resident care make her a won-

derful addition to our team. You'll often see Keirsten RN, working alongside our nursing team on the floor a few days each week, caring for your loved ones and getting to know our residents. When she's not on the floor, feel free to stop by her office to introduce yourself or simply say hello. She looks forward to meeting our

residents, families, and staff and becoming a familiar face at Greenfield!

Outside of work, she enjoys spending quality time with her husband, son, and beloved dogs. Please join us in giving her a warm Greenfield welcome—we're happy to have her on our team!

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Greenfield is a not-for-profit provider



Greenfield's mission is to provide a caring environment that maximizes the life enjoyment, integrity and independence of

www.greenfieldhome.org

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
5 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 11:00 Walk & Talk 1:30 Internet Church Services	6 9:30 Exercise Balls 10:00 Sip N Social 11:00 Walk & Talk 2:00 Trivia Time on the Patio 2:30 Popcorn 6:15 Game Night	7 Podiatrist Visit 9:30 Weightlifting 10:00 Sip N Social 11:00 Walk & Talk 2:00 Green Thumpers - Victory Garden Reminiscence	Walmart Online Shopping (Kate) 9:30 Flex with Friends 10:00 Sip N Social 10:00 Guy's Group 10:00 Prayer 11:00 Walk & Talk 2:00 Music with Ryan 3:30 Bible Study Happy Birthday Rob & Julie K.	9 9:30 Resistance Bands 10:00 Sip N Social 11:00 Walk & Talk 11:30 Lunch Outing - Culvers 2:30 Balloon Volleyball 2:30 Ice Cream	10 9:30 Fitness Fun 10:00 Front Patio Time 10:30 Greeters to Midland State Bank 11:00 Walk & Talk 12:00 Activity Packet 1:30 Bingo with Avery from Liberty Village 2:30 Wine & Beer	11 9:30 Senior Stretches 10:00 Sip N Social 11:00 Walk & Talk 1:30 PoKeNo
12 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 11:00 Walk & Talk 1:30 Internet Church Services	13 9:30 Exercise Balls 10:00 Sip N Social 11:00 Walk & Talk 2:00 International Snack Tasting - Thailand 2:30 Popcorn 6:15 Game Night	14 9:30 Weightlifting 10:00 Sip N Social 11:00 Walk & Talk 2:00 Crafter's Cove: Patriotic Painting with a Straw	Walmart Online Shopping (Chris) 9:30 Flex with Friends 10:00 Sip N Social 11:00 Walk & Talk 2:00 Music with Les 3:30 Bible Study	16 9:30 Resistance Bands 10:00 Sip N Social 11:00 Walk & Talk 2:00 Meditation Service with Pastor Colleen Lawrence from 1st Presbyterian Church 2:30 Ice Cream	17 9:30 Fitness Fun 10:00 Fishing with Friends at Liberty Village 11:00 Walk & Talk 12:00 Activity Packet 1:30 Bingo with Cassi from Allure in Walnut 2:30 Wine & Beer Happy Birthday Tanva	18 9:30 Senior Stretches 10:00 Sip N Social 11:00 Walk & Talk 1:30 Dice Game
19 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 11:00 Walk & Talk 1:30 Internet Church Services	20 9:30 Exercise Balls 10:00 Sip N Social 11:00 Walk & Talk 1:30 Monday Movie: "Remarkably Bright Creatures" 2:30 Popcorn 6:15 Game Night	21 9:30 Weightlifting 10:00 Sip N Social 11:00 Walk & Talk 2:00 Cooking Club Demonstration: Red, White & Blue Trifle Dessert	Walmart Online Shopping (Kate) 9:30 Flex with Friends 10:00 Sip N Social 11:00 Walk & Talk 2:00 OSF My Chart Presentation 3:30 Bible Study	23 9:30 Resistance Bands 10:00 Sip N Social 10:30 Greeters to The Closet 11:00 Walk & Talk 2:00 Sunshine Social in the Center Courtyard 2:30 Ice Cream	24 9:30 Fitness Fun 10:00 Front Patio Time 11:00 Walk & Talk 11:00 Book Club 12:00 Activity Packet 1:30 Bingo 2:30 Wine & Beer	25 9:30 Senior Stretches 10:00 Sip N Social 11:00 Walk & Talk 1:30 PoKeNo
26 9:30 Sit N Fit 10:00 Sip N Social 10:00 Catholic Communion 11:00 Walk & Talk 1:30 Internet Church Services	27 9:30 Exercise Balls 10:00 Sip N Social 10:30 Dietary Meeting 11:00 Walk & Talk 2:00 RESIDENT COUNCIL (Shelter Care) 2:30 Popcorn 6:15 Game Night	28 9:30 Weightlifting 10:00 Sip N Social 11:00 Walk & Talk 2:00 Deb's Hometown History Tour	9:30 Walking at Zeigler Park 10:00 Sip N Social 11:00 Walk & Talk 2:00 Music with Jim 3:30 Bible Study	30 9:30 Resistance Bands 10:00 Sip N Social 11:00 Walk & Talk 2:00 Meditation Service with Pastor Michael Hickok from 1st United Methodist Church 2:30 Ice Cream	31 9:30 Fitness Fun 10:00 Front Patio Time 11:00 Walk & Talk 12:00 Activity Packet 1:30 Bingo 2:30 Wine & Beer	

Calendar is subject to change and all changes will be posted.

Daily Juice Cart @2:30pm

Hair Salon/Manicures by Appointment