

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

July 2022

Greenfield's Activities

				Wear Red		1	2
				9:30 Movin' & Grovin'		9:30 Tai Chi	10:00 Sip N Social
				10:00 Sip N Social		11:00 Group Walking	11:00 Staff Friendly Visits
				11:00 Group Walking		12:00 Activity Packets	2:00 Trivia Time
				12:00 Activity Packets		2:00 Bingo	2:30 Juice Cart
				2:00 Bingo		2:45 Juice Cart	
				<small>Canada Day</small>			
		Wear Red White Blue		Shopper			
3		4		5		6	
9:30 Fit & Fun		9:30 Simple Stretches		9:30 Weight Lifting		9:30 Balance Exercises	
10:00 Sip N Social		10:00 Sip N Social		10:00 Sip N Social		10:00 Sip N Social	
10:00 Catholic Communion		11:00 Wii Bowling		11:00 Group Walking		11:00 VINTAGE Daily News	
1:30 Methodist Church		2:00 Time Capsule		2:00 Green Thumbers – Moon Gardens		2:00 Drum Circle	
2:30 Catholic Church		2:30 Juice Cart		2:30 Juice Cart		2:30 Juice Cart	
3:30 Juice Cart		9:00 Fire Works in Back Parking Lot & Snacks		3:00 UNO		3:15 Happiness & Hope	
		<small>Independence Day (US)</small>					
10		11		12		13	
9:30 Fit & Fun		9:30 Simple Stretches		9:30 Weight Lifting		9:30 Exercise Balls	
10:00 Sip N Social		10:00 Sip N Social		10:00 Sip N Social		10:00 Sip N Social	
10:00 Catholic Communion		11:00 Wii Bowling		11:00 Group Walking		11:00 Firefly Card Game	
1:30 Methodist Church		1:30 "Falling INN Love" Showing		2:00 Leaf Casting Craft Part 1		2:00 Eileen Quest Singing	
2:30 Catholic Church		2:30 Popcorn & Juice Cart		2:30 Juice Cart		2:30 Juice Cart	
3:30 Juice Cart				3:00 UNO		3:15 Happiness & Hope	
		Happy Birthday Marlene				Happy Birthday Pat A	
17		18		PODIATRIST		Shopper	
17		18		19		20	
9:30 Fit & Fun		9:30 Simple Stretches		9:30 Weight Lifting		9:30 Resistance Bands	
10:00 Sip N Social		10:00 Sip N Social		10:00 Sip N Social		10:00 Sip N Social	
10:00 Catholic Communion		11:00 Wii Bowling		10:00 Sip N Social		11:15 Walker Wash	
1:30 Methodist Church		1:30 "Night at the Museum" Showing		11:00 Group Walking		2:00 Heart to Heart: A Spiritual Experience	
2:30 Catholic Church		2:30 Popcorn & Juice Cart		2:00 Leaf Casting Craft Part 2		2:30 Juice Cart	
3:30 Juice Cart				2:30 Juice Cart		3:00 Rummikub	
				3:00 UNO		Pizza Hut Night	
24		25		26		27	
9:30 Fit & Fun		9:30 Simple Stretches		9:30 Weight Lifting		9:30 Pool Noodles	
10:00 Sip N Social		10:00 Sip N Social		10:00 Sip N Social		10:00 Sip N Social	
10:00 Catholic Communion		11:00 Wii Bowling		10:00 Sip N Social		11:00 Fireflies Natural Light Show	
1:30 Methodist Church		2:00 RESIDENT COUNCIL		11:00 Group Walking		2:00 Jack Ness on Keyboard	
2:30 Catholic Church		2:30 Juice Cart		2:00 Healthy Smoothies Cooking Club		2:30 Juice Cart	
3:30 Juice Cart		MOVIE Night		2:30 Juice Cart		3:15 Happiness & Hope	
				3:00 UNO			
31						28	
9:30 Fit & Fun						9:30 Roll-An-Exercise	
10:00 Sip N Social						10:00 Sip N Social	
10:00 Catholic Communion						11:15 Walker Wash	
1:30 Methodist Church						2:00 Ice Cream Run – Outing to Culvers	
2:30 Catholic Church						2:30 Juice Cart	
3:30 Juice Cart						3:00 Mex. Dominoes	
Happy Birthday Kayleigh							

July's Theme - "Light Up the Sky in July"

