

Greenfield Retirement Home

Across the Greenfield

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Washcloth Crafts



Crafting with Deb

Teddy bears, elephants and dogs, oh my! Deb, our arts and crafts go-to-person gave each of the residents a wash towel, printed and verbal instructions and they created unique and fun animals.

Other projects were shamrock wreaths, painting window project and getting ready for next month's table decorations. The painting project used a resistance method that consisted of strategically placing painting

tape to create a window-like effect. Then, we added a dot of different colors which were smeared across the canvas and blended together to create a sunrise/sunset effect.



Christy



Doris H.



Danny



Game playing in the Apartments



Mary B.



Elaine



Glenn



Jeanne

Across Lynn's Desk

Hello, my name is Lynn Olds. I am excited to serve as the Administrator for Greenfield Retirement Home. It is with great honor that I will help carry Greenfield's legacy into the future.

I come to you with a diverse professional background. I worked for Sysco Food Services for 7 years as a Marketing Associate then 8 years as a District Sales Manager. In 2015, I entered long-term care as the Director of Marketing & Sales for Liberty Village of Princeton. I instantly fell in love with the industry and the people in it. I've always been motivated by helping other people. I found it incredibly rewarding to be able to make such a big impact in the lives of our seniors and their families. Given my previous management experience, it was very natural for me to learn more about long-term

care and get involved in the daily operations. I soon became the Assistant Administrator. During that time, I completed my certification in Long-term Care Administration and became a Licensed Nursing Home Administrator taking over as the Administrator for Liberty Village of Princeton.

I have been married to my husband, Eric, for over 24 years. We have one son, Brett, and one daughter, Cassidy. We, also, have a cat, Bijou, and a dog, Ally. We enjoy spending our time hanging out with our kids. During the summer, most of our weekends are spent boating and camping.

I have some personal passions. I enjoy volunteering. I continue to be involved in several community organizations. Some of these include Bureau Valley School Board

of Education, Wyanet Community Club, CPASA, Lion's Club Christmas Parade Committee, Princeton Area Chamber of Commerce, and Princeton Rotary Club. I am, also, an avid reader. I learned to love reading at an early age from my mom. I read a wide variety of books. However, my favorite is crime mystery. Lastly, my health and wellness are very important to me. I like to work out with my gym family. During the summer, we run 5k races together. I am signed up to compete in my first Spartan competition this fall. Wish me luck!

Thank you all for the great support you have given Greenfield in the past! I am looking forward to working with all of you!

Sincerely,
Lynn Olds

Resident Council questionnaires have been distributed. If you still have your questionnaire, please return it to Chris as soon as possible.

If you prefer to have your newsletter emailed each month, let us know at:
greenfieldoffice508@gmail.com

Let's Talk

The first meeting of 'Let's Talk' was held on March 10. March is Women's History Month. With this in mind, The Book of Gutsy Women was introduced. The book, written by Hillary Rodham Clinton and Chelsea Clinton, is a gathering of stories of women who have made a contribution through their courage and determination, in spite of difficulties. Well known women like Harriet Tubman, Marie Curie, Helen

Keller, Greta Thunberg and Malala Yousafzai are highlighted, along with many women whose names are less familiar. An excerpt of the introduction to the book was read aloud. The discussion that followed, centered on the questions: What characteristics describe someone who is "gutsy"? What does "gutsy" mean? How does society view gutsy women? Are people born gutsy or do life

experiences move them to become gutsy? And finally, Describe a woman you know personally that you would call gutsy. How has her life influenced yours?

Join us for the next meeting of 'Let's Talk', Wednesday, April 21 at 1:30!

Pam Kaufmann, SSD

Across Phil's Desk - Last Time

I am realizing any future articles from me in Across the Greenfield will need to be from a "contributing writer". Phil's desk is moving out of the administrator's office!

At 11:35 today (04/01/21) IDPH received our certified letter official notifying them that Lynn Olds is the Greenfield Administrator.

Having worked with Lynn for about 2 weeks, I am feeling a huge sense of relief. I see her competence, passion and compassion. I had wanted to give the Board however much time it took to find just such a person. They have done a great job!

That event causes mixed

emotions for me. While it does not mean I am retired yet, it does feel like a big part of my identity has shifted. Other than during my trips out of the U.S., I have carried the mantle of Greenfield Administrator for 20 years. That is pretty much half of my working career. Working with the residents, families and staff has made this experience much more than just "a job." I was proud of where I worked, who I worked with, and who I served.

In cleaning out my desk and files I have run across many photos and names from the past 20 years. I see pictures of my 10 year old son coming to Greenfield to enjoy "Furry Friends", family portraits from

buffet meals, and cards from various residents and their families. I will say again, it is a job I have loved for 20 years!

Also piling in on top of the emotions of job transition, is the fact that I had a major heart attack on 3/12/21. After a fairly enjoyable helicopter ride to Peoria and a stent, full recovery is expected. Now when people ask what I am planning on doing in retirement, I say: "cardiac rehab"!



Carts & Fun Days

With the 6' restriction still in place, we continue to utilize mobile food and drinks via carts. Some unique carts included: cappuccino, bagels, fresh veggies & dip, wine & cheese, pizza bites,

apples & caramel dip and oatmeal cookie cart.

Staff and resident's fun days were: wear stripes day, pajama day, wear favorite color day and mustache day.

Mustache day, activities provided peel and stick mustaches for anyone to wear over his or her face mask.

Reuben Roll-Ups

We try to incorporate some kind of cooking or baking program each month and this month's program was geared around St. Patrick's Day. Although, the infamous Reuben sandwich was not invented in Ireland nor has no noted

synonymous stories with the Irish, it is associated with St. Patrick's Day. History is a bit muddled on who exactly created the Reuben, but none-the-less it is a tasty classic.



Theresa

Reuben Recipe

Ingredients:

8 oz. cream cheese, room temp.
1/2 C. Thousand Island dressing
1/2 C. packed sauerkraut (rinsed & drained)
2 C. shredded Swiss cheese
12 oz. thin sliced deli corned beef (16 slices)
8 (9-inch) flour tortillas

Instructions:

1. In med. Bowl, mix

together first 3 ingredients until well blended.

2. Scoop 2 heaping tablespoons of the cream cheese mixture onto one side of the tortillas; spread evenly almost to the edges.
3. Sprinkle with 1/4 C. of the cheese. Lay 2 slices of the corned beef (making it to fit on the edges) on top of the cheese.

4. Roll the tortillas tightly.
5. Wrap the tortillas in plastic wrap and place in fridge for at least an hour.
6. Remove from fridge, discard plastic wrap, cut into rounds about 1 1/2" wide. Serve & enjoy!

St Patrick's Day Fun

St. Patrick's Day is the one day of the year when everyone is Irish. Not only are the resident's and staff Irish but so is the food, music and the parties. This year's parties were a bit different, since we were only allowed 10 residents per group; we divided the residents into two groups, which meant two times the fun!

Allyson and Deb entertained the crowds with some interesting questions such as: "What's your favorite holiday? Why?" or "What outdoor

activity haven't you tried but would like to?" and other interesting topics for discussion. The residents chose a shamrock off the board and everyone that wanted to participate answered the questions. It is so much fun to listen to the resident's responses!

Despite the fact that there were no volunteers willing to try the Irish jig, everyone enjoyed some Irish music, ate some delicious snacks and dressed in green. Thanks Allyson and Deb for a great party and, thanks to the

kitchen staff for a delicious corned beef, cabbage and carrots for lunch!



Barb

In-House Entertainers

We are very blessed to have our own in-house piano players: Doris H., Phyllis and Barb. These three talented ladies have filled in the gap, since we were still waiting

for restrictions on outside entertainers to lift. The ladies rotate performances on Thursdays at 4:00 pm. Each has her own style of playing and all are entertaining!

Thank you to these wonderful ladies for taking the time to share your talents.

Volunteer Opportunities

With the restrictions changing, we are able to accept volunteers! Some requirements, at this time include: fully vaccinated and

willing to follow the same protocol as staff. If you are interested in volunteering, please call Chris at 815-872-2261. Thanks!



Hangman - Jeanne, Christy & Gratice



Gratice



Father Ed



Doris B.



Marge



Marvin



Ruth D.



Pat

Springtime!

Sometimes the old fashion things are the best medicine. It is so nice to see the sunshine and breathe the fresh air. It has been a long winter with so many restrictions. Thank you all again for your understanding and patience during such a difficult time. As the temperatures continue to improve, be sure to take advantage of Chris's

opportunities to get outside for a walk or just simply sit in the sun. Natural Vitamin D goes a long way to improve our energy level and mood. We also have specific areas and times available to visit with friends and family outside.

I wish you all a Happy Easter and my hope is for a much different summer

than we had to endure last year.

Here is to April Showers and May flowers!

Shelly Davis, DCN

Some old-fashioned things like fresh air and sunshine are hard to beat.

Laura Ingalls Wilder



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Greenfield's mission is to provide a caring environment that maximizes the life enjoyment, integrity and independence of each resident.